Margaret St. John Meehan

Partner

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Overview

Margaret “Meg” St. John Meehan focuses her practice on the full spectrum of estate planning, from foundational wills, trusts, and incapacity documents to comprehensive estate, tax, and wealth-transfer planning for high-net-worth individuals and multigenerational families. She develops customized strategies to protect, preserve, and grow family wealth across generations while minimizing gift, estate, and generation-skipping transfer taxes. Her practice includes structuring sophisticated trusts and gifts, as well as refining existing planning vehicles to enhance tax efficiency, governance, and long-term flexibility. She also manages all phases of estate administration, including probate, estate tax return preparation, and audit representation, and frequently partners with investment advisors, accountants, and fiduciaries to deliver coordinated and results-oriented guidance.

Meg counsels a diverse and distinguished clientele, including artists, entrepreneurs, business owners, philanthropists, financial professionals, and principals in the private equity and venture capital sectors, on complex planning matters. She also advises family offices and their principals on governance, structuring, and integrated tax, philanthropic, and estate planning solutions tailored to their long-term objectives. Meg is a Fellow of the American College of Trust and Estate Counsel (ACTEC).

Practices & Industries

Family Office

Private Client

Trust & Estates

Education and Credentials

Education

Quinnipiac University School of Law, J.D., *magna cum laude*, 2011, *Quinnipiac Probate Law Journal*, Editor-in-Chief

Marist College, B.A., *magna cum laude*, 2006

Admissions

State of Connecticut

State of New York

Affiliations

American College of Trust and Estate Counsel (ACTEC), Fellow, 2025

Connecticut Bar Association, Estate and Probate Section, Executive Committee

Fairfield County Bar Association

Recognition and Community

No aspect of this advertisement has been approved by the highest court of any state. Prior results do not guarantee a similar outcome. See Awards Methodology.

Recognitions

Selected to the list of Connecticut *Super Lawyers*® Rising Stars, Estate & Probate, 2019-2024

Quinnipiac University School of Law Academic Excellence Award, 2011

Quinnipiac University School of Law Outstanding Legal Scholarship Award, 2011

Quinnipiac University School of Law Service to the Law School Award, 2011

Community Involvement

Board of Directors Member of Connecticut's Beardsley Zoo

Fairfield County's Community Foundation, Rising Professional Advisors Council

Insights

New Direction: The Connecticut Uniform Directed Trust Act
May 18, 2020

The 'ART' of Estate Planning: Assisted Reproductive Technology Issues to Consider
May 10, 2018

Nonprofit Newsletter Fall 2017 - Certain New York Donor Disclosure Requirements Remain Unenforced - for Now
October 2, 2017

Nonprofit Newsletter Fall 2016 - Easy Mistakes - Denials of Charitable Contribution Deductions for Lack of Substantiation Letters and Complete Appraisals
Fall 2016

News

Day Pitney Stamford Partner Margaret St. John Meehan Elected as an ACTEC Fellow
Day Pitney Press Release, November 11, 2025

2022 Promoted Partners
February 1, 2022

Margaret St. John Meehan
January 4, 2022

Day Pitney Elects Its Largest Class of New Partners
January 4, 2022

In The Media

Estate Taxes II: The Marital Deduction, Credit Shelter Planning, and Portability, Introduction to Trusts & Estates
July 14, 2025

Modern Estate Planning In the Age of Genetic Testing
WealthManagement.com, February 27, 2025

Skipping the Slice: Carried Interest Derivatives as an Alternative to Vertical Slice Gifting for Fund Principals
Connecticut Bar Association Estates & Probate Section Newsletter, December 2024

"The Marital Deduction, Credit Shelter Planning and Portability," Tax Conferences in July: Introductions to Trusts and Estates, NYU School of Professional Studies
July 15, 2024

"Connecticut Probate and Trust Administration," National Business Institute
October 13, 2023

"Advantages of Using a Connecticut Corporate Trustee," Salisbury Bank Wealth Advisory
December 15, 2022

"Estate Taxes II: The Marital Deduction, Credit Shelter Planning, and Portability," NYU School of Professional Studies
July 11, 2022

Day Pitney's 2022 Newly Promoted Partners Featured in BBA's Law Firm Newsletter
Boston Bar Association Law Firm Newsletter, January 13, 2022

Day Pitney Elects Largest-Ever Class of New Partners
Connecticut Law Tribune, January 10, 2022

The Unsung Heroes of the CT Trust Code: Directed and Domestic Asset Protection Trusts
November 7, 2019

New Cross-Border Planning Issues: New York Estate Taxation for the Connecticut Resident
Connecticut Bar Association Estates & Probate Section Newsletter, June 30, 2016

FLP Transfer Runs Afoul of IRC Section 2036(a)
Wealthmanagement.com, March 22, 2016

Estate Planning, Charitable Gift Annuities and Other Creative Financial Planning for Land Trusts
March 19, 2016

In Land We Trust: Conservation Tax Incentives Made Permanent
Wealthmanagement.com, February 8, 2016

Estate Planning with Digital Assets
Connecticut Bar Association Estates & Probate Section Newsletter, June 2015

Termination of Charitable Remainder Trusts
Trusts and Estates Magazine, October 1, 2014