

Ellen S. Knarr

Partner

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Overview

Ellen Knarr counsels public companies on corporate and securities law matters. Ellen primarily practices in the areas of public reporting responsibilities, SRO-compliance, corporate governance best practices and certain executive compensation matters and advises senior management, boards of directors and board committees with respect to these and other legal compliance matters. Ellen's practice involves representation of numerous NYSE- and Nasdaq-listed clients covering a wide array of industries, including retail, hospitality, banking, technology and document and data services companies.

Ellen's work for these clients involves:

- Reviewing SEC filings and other public disclosures, including 10-Ks, 10-Qs, 8-Ks, earnings releases, and advising with respect to Regulation FD matters;
- Advising with respect to Section 16 matters and related disclosures, as well as disclosure obligations under Regulation 13D-G;
- Counseling with respect to certain executive compensation matters, focusing primarily on the disclosure obligations related to a company's executive compensation program, including the Compensation Discussion and Analysis, say-on-pay proposal and other detailed executive compensation-related disclosures;
- Reviewing and drafting equity compensation plans and related equity award agreements, employee stock purchase plans and employment and separation agreements and advising clients with respect to the disclosure- and securities-related obligations that may arise in connection with these arrangements and other employee benefit plans;
- Counseling in connection with matters related to annual shareholder meetings, including drafting and review of proxy materials, voting policies of institutional investors and proxy advisory firms and shareholder proposals;
- Advising with regard to compliance with continued listing standards and corporate governance requirements, including issues related to director independence, board committee functions, shareholder approval requirements, and drafting and reviewing documents required under listing standards, such as committee charters, codes of conduct and governance principles.

In addition to the corporate and securities work she handles for our public company clients, Ellen is a dedicated leader and participant in a variety of

Practices & Industries

Corporate & Business Law

Employee Benefits & Executive Compensation

Environmental, Social & Governance

Family Office

Public Companies & Securities

the firm's initiatives and also participates in pro bono matters. From 2007 to 2015, Ellen served as Secretary to the New Jersey Corporation and Business Law Study Commission, a legislative commission dedicated to improving and modernizing the New Jersey Business Corporation Act.

Firm Leadership:

- Leadership Team, Day Pitney Women Working Together

Education and Credentials

Education

St. John's University School of Law, J.D., *cum laude*, 2005

University of Notre Dame, B.A., *summa cum laude*, 2002

Admissions

State of New Jersey, 2006

State of New York, 2008

Affiliations

Saint John's University School of Law Alumni Association, Board of Directors

Lex Mundi, Contact

Recognition and Community

No aspect of this advertisement has been approved by the highest court of any state. Prior results do not guarantee a similar outcome. See Awards Methodology.

Recognitions

Honored as a "Woman Worth Watching" by the *Profiles in Diversity Journal*, 2017

Chosen as one of the "New Leaders of the Bar" by *New Jersey Law Journal,* 2014

Received the Outstanding Nonprofit Project Award from the Pro Bono Partnership, 2013

Insights

The Governance Gap: When Family Office Growth Outpaces Oversight
August 18, 2026

Family Office Governance Best Practices: There's No One-Size-Fits All Approach, But These Best Practices are Key | Generations October / November 2025
October 31, 2025

Update: U.S. SEC Votes to Drop Defense of Climate Disclosure Rules
April 9, 2025

COVID-19 Response: NY Executive Order Requires Some Employers to Provide Masks to Employees, and Temporary Changes to Real Estate Law
April 15, 2020

Amendment to the New Jersey Business Corporation Act Permits Virtual-Only Annual Meetings During COVID-19 State of Emergency
March 25, 2020

Executive Director of Women's Campaign School at Yale Addresses WWT and Guests
March 22, 2017

Day Pitney's WWT Reception and Discussion with Fran Hauser
May 9, 2018

News

Valley National Bancorp Closes Issuance and Sale of $150M Sustainable Subordinated Notes
September 20, 2022

Day Pitney Moves New York City Office
July 22, 2019

Profiles in Diversity Journal Names 4 Day Pitney Attorneys "Women Worth Watching" for 2017
May 26, 2017

Day Pitney Names Two Managing Partners
December 18, 2015

Ellen Knarr Appointed as Day Pitney New York Office Managing Partner
September 28, 2015

Day Pitney Advises Fuel Systems Solutions in Merger with Westport Innovations
September 2, 2015

Ellen Knarr and Mark Morgan Named "New Leaders of the Bar" by *New Jersey Law Journal*
July 31, 2014

Day Pitney Names Seven New Partners
January 4, 2014

In The Media

St. John's University School of Law Women's Leadership Boot Camp
October 5, 2018

Bryan Cave, Day Pitney Appoint Managing Partners
New York Law Journal, October 6, 2015

Movers & Shakers
The Deal, October 5, 2015

People Moves of the Week
Mergers & Acquisitions Magazine, September 29, 2015

Panelist, National Diversity Council's 2014 New Jersey Women in Leadership Symposium
May 7, 2014