Insights Thought Leadership



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UPDATED: New York City Makes Moves to Expand Protections Against Appearance-Based Discrimination

UPDATE (05/26/2023): New York City Mayor Eric Adams signed Int. No. 0209-2022-A today, which will prohibit discrimination on the basis of a person's weight or height in employment, housing, and access to public accommodations. Mayor Adams stated, "This law will help level the playing field for all New Yorkers, create more inclusive workplaces and living environments, and it protects against discrimination." The law will take effect on November 22, 2023.

New York City may soon prohibit discrimination in employment on the basis of a person's weight or height under a bill passed on May 11 by the City Council. The bill is now awaiting New York City Mayor Eric Adams' signature. The effective date is 180 days after Mayor Adams signs it into law.

The bill, Int. No. 0209-2022-A, would amend New York City's Human Rights Law to add a person's weight and height to the list of characteristics that are protected from discrimination. The bill prevents this type of appearance-based discrimination on the basis of a person's size in opportunities of employment, housing and access to public accommodations. In the workplace, the bill is applicable to applicants and employees. However, the bill provides for an exemption for employers that need to consider height or weight as bona fide occupational qualifications for employment decisions.

Advocates of the bill say that the issue of appearance-based discrimination is most prevalent in front-facing industries and roles where the employee interacts with the general public, often in positions where the employer's image is based upon the image of its staff. The bill is supported by several unions and community groups.

New York City is the second city in the state of New York to prohibit weight and height discrimination, following Binghamton. Weight and height discrimination is prohibited by only a handful of other cities and states, including San Francisco; Washington, DC; and the state of Michigan. A similar bill has been introduced at the state level in New York, as well as in New Jersey and Massachusetts.

The New York City Council is also considering a similar appearance-based measure that would ban discrimination against people with tattoos in the workplace.

Employers in New York City should keep an eye on these developing protections against appearance-based discrimination and update their handbooks and policies accordingly. Moreover, employers who do require weight and/or height as an essential function of the job must be able to establish that a certain weight and/or height are necessary for the job, and not merely a preference of the employer.



Authors



Lindsey A. McCarthy Associate Hartford, CT | (860) 275-0211

Imccarthy@daypitney.com



Partner Parsippany, NJ | (973) 966-8201 New York, NY | (212) 297-5800 rgonzalez@daypitney.com

Rachel A. Gonzalez



Partner Parsippany, NJ | (973) 966-8199 New York, NY | (212)-297-5800 hbrochin@daypitney.com



Glenn W. Dowd Partner Hartford, CT | (860) 275-0570 gwdowd@daypitney.com



Francine Esposito Partner Parsippany, NJ | (973) 966-8275 fesposito@daypitney.com



Theresa A. Kelly Partner Parsippany, NJ | (973) 966-8168 tkelly@daypitney.com



James M. Leva Partner Parsippany, NJ | (973) 966-8416 Stamford, CT | (973) 966-8416 jleva@daypitney.com



Daniel L. Schwartz Partner Stamford, CT | (203) 977-7536 New York, NY | (212) 297-5800 dlschwartz@daypitney.com

