

November 24, 2025

Why Do You Need A Prenup If You Have A Trust?

Day Pitney Trusts and Estates Partner Christine Fletcher authored an article for *Forbes.com* titled “Why Do You Need a Prenup If You Have a Trust?” In the piece, she explains that while trusts can provide some asset protection in marriage, they often do not eliminate the need for a prenuptial agreement. Fletcher outlines how factors such as the type of trust, state laws, and trustee arrangements can determine whether trust assets are vulnerable in a divorce. She also highlights that although irrevocable trusts may offer some protection, a prenup remains the most reliable safeguard for preserving separate property.

The article is part of Fletcher's ongoing estate planning column contributions to *Forbes.com*. [Read the full column here.](#) [Read her collection of articles here.](#)

Authors



Christine N. Fletcher

Partner

Boston, MA | (617) 345-4686

cfletcher@daypitney.com