



YOU'RE INVITED TO

## A BREAKFAST BREAKTHROUGH

with guest speaker **Professor Deborah Calloway** from the  
University of Connecticut School of Law

## MAKING WORK MORE MEANINGFUL

Thursday, November 29, 2007

8:30 am - 10:00 am

Continental breakfast will be served

Day Pitney LLP

242 Trumbull Street  
Hartford, CT 06103

Please join WWT® at Day Pitney's new Trumbull Street location for a special Breakfast Breakthrough focusing on finding calm and tranquility in a busy professional life.

**Deborah Calloway** is a professor at the University of Connecticut School of Law. She has studied and practiced meditation since 1996, including receiving training as a practice instructor. She has incorporated what she has learned about meditation into the law school curriculum in a course called "Contemplative Lawyering." This course teaches students how to use the wisdom of meditation practices to help them rest in the present, generate genuine empathy and work with conflict and disturbing emotions.

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Please RSVP to Lissette Marquez at [lsmarquez@daypitney.com](mailto:lsmarquez@daypitney.com) or (860) 275-0328 by November 21, 2007.

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